“My grandmother had Alzheimer’s and my grandfather was starting to digress. I watched as my parents struggled with home care agencies in Alabama. After seeing how difficult this process was with my grandparents, I was determined to make this process easier for families in NC.”

–Andrew Martin, Owner

“After college, I was working in the design field and wasn’t feeling fulfilled in my heart about what I was doing. Ever since we started Covenant, helping local families, I know this was exactly what I am meant to do.”

–Ashley Alden, Owner, Community Educator
How We Are Unique

We are Christian based:

The spiritual aspect of a senior is often overlooked in the healthcare field. We believe that catering to one's mental and spiritual outlook is very important when recovering from surgeries, going through illnesses, and as one ages. Our business is built on a foundation of spiritual support. We pray every morning for each client, and offer daily devotions read by their caregiver, if requested. We by no means force our beliefs on any of our clients. Our devotions are just an option of a positive reading to get one in a good mind-set for the day.

How we screen and train our employees:

All of our employees are thoroughly screened, trained, and bonded. We check driving records and verify that they have auto insurance. All of our staff are also covered by our own non-owner auto insurance.

Each caregiver is specially trained to work with patients with:
- Alzheimer's
- Dementia
- Aphasia
- Hearing Loss

We are not a franchise:

We are privately owned and operated. We are a local Charlotte based small business with a close knit family feel. We cover Mecklenburg and surrounding counties.

We monitor our calls 24/7:

We monitor our calls around the clock to better serve our clients.
How We Can Help

We offer both Companion and Personal Care Services

<table>
<thead>
<tr>
<th>Services</th>
<th>Companion</th>
<th>Mixed</th>
<th>Personal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meal Prep</td>
<td>✔️</td>
<td></td>
<td>✔️</td>
</tr>
<tr>
<td>Basic Pet Care</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Light housekeeping</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Daily Devotion</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Driving and/or accompanying the client to the</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>physician if necessary</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reminding clients to take their medication</td>
<td>✔️</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Supervising ambulation and helping to prevent</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>falls</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Preparing and serving meals according to client's</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>dietary needs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Making and changing the bed</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Providing respite for family caregivers</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Providing socialization, friendship and support for the client</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Shopping and performing other household errands</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Providing hygiene assistance</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Taking care of all personal laundry and bedding for the client</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Cleaning the bathroom and kitchen after use,</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>including washing dishes after meals and mopping the floor</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Organizing the patient's room which includes dusting and vacuuming</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Helping with correspondence to family and friends</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Caring on wait and encouraging and participating in stimulating activities</td>
<td>✔️</td>
<td>✔️</td>
<td>✔️</td>
</tr>
<tr>
<td>Assistance with dressing and bathing</td>
<td>Not Included</td>
<td>Custom</td>
<td></td>
</tr>
<tr>
<td>Personal hygiene assistance</td>
<td>Not Included</td>
<td>Custom</td>
<td></td>
</tr>
<tr>
<td>Assistance with range of motion exercises</td>
<td>Not Included</td>
<td>Custom</td>
<td></td>
</tr>
<tr>
<td>Toileting</td>
<td>Custom</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quarterly/P.R.N. supervisory visits</td>
<td>Not Included</td>
<td>Custom</td>
<td></td>
</tr>
</tbody>
</table>

Personal Care:
- Considered more “Hands-on.” For clients who cannot bathe or dress themselves. Also for those who need assistance with toileting. (Includes taking vital)

- Has to be given by a Certified Nursing Assistant (or Home Health Aide) according to the State of North Carolina Division of Health Services

Companion Care:
- Considered more “Hands-off.” For clients who need more supervisory assistance.

- Can do Homemaker services such as light house keeping, meal preparation, running errands, transportation, changing linens, and providing social interaction.

We can custom tailor any of the packages listed above for you or your loved one.

www.covenantinhomecare.com  (704) 288-0242
Special Services

We offer 24/7 Live-in Care:

If you or your loved one needs around the clock care, we have caregivers available to “Live-in” with the clients. Live-in care allows one to remain independent in their homes with 24/7 assistance. Pricing starts at $225.00/day.

Short-term Respite Care:

The stress of being the primary caregiver in the family can sometimes be quite overwhelming. Sometimes you just may need a break from caring for other people. We can have a caregiver come in and give you that break so you can go out to dinner, see a movie etc. Minimum for respite is 3 hrs. per visit.

Bedside Sit:
When a family member is in hospice, the hospital, assisted living, or a nursing home, we can provide a caregiver to come in to the facility and keep your loved one company. This is a great option for those seniors who may wander at night.

www.covenantinhomecare.com   (704) 288-0242
Ways to Pay for Home Care:

1.) Private Pay

2.) Veterans Aid and Attendance Benefits:

Did you know there is a VA pension available to wartime veterans that helps pay for their Home Care expenses? It's called the VA Aid & Attendance Pension and it will pay up to $2,608 for the home care of wartime veterans and spouses. If the veteran or spouse requires assistance with eating, bathing, dressing, toileting or require the regular care of another person, they should apply. If they suffer from Alzheimer’s, dementia or blindness, they may also qualify. This is an excellent Home Care Support program that veterans have earned through their service to our country. Over the past twelve months, we have helped dozens of our clients with this program. I can attest to its effectiveness. Our clients are safe and happy at home thanks to this terrific program.

**ELIGIBILITY CRITERIA**

1. Age 65 or older or disabled (not due to willful misconduct of the veteran)
2. Have an honorable or general discharge.
3. Have a medical diagnosis that requires daily assistance with at least one or two of the following ADL’s: bathing, dressing, grooming, personal hygiene, toileting, ambulation, medication management, feeding, meal preparation, or the need to live in a protected environment.
4. Limited income and net worth that does not provide adequate maintenance. Whether a veteran or a claimant has excessive net worth is determined on case-by-case basis, contact us for more information.
5. Served at least 90 days active duty with at least one day during any of the following:
   - WWII – December 7, 1941 - Dec 31, 1946
   - Vietnam Conflict – August 5, 1964 - May 7, 1975
   - Persian Gulf – August 2, 1990 to a date to be determined

**Maximum Pension Rates 2009**

- Veteran with Spouse - $1,949.00
- Single Veteran - $1,644.00
- Veteran and Veteran Spouse - $2,608.00
- Surviving Spouse - $1,056.00

3.) Long-Term Care Insurance:

Call your insurance provider to see if your policy covers home care services.

Call today and we can connect you with one of our specialists to help you file for VA Benefits. *We suggest this, because they can help you better understand the process and what is needed*

www.covenantinhomecare.com  (704) 288-0242

Information from myhealthbridge.com
Our Process

As easy as 1, 2, 3!

1. We first would like to talk with you or your loved one about what type of care one may have and help sort through options.

2. In-Home Assessment: We have one of our care specialists come visit the location of where the care would be received. The purpose of this meeting it to:
   - Meet the client
   - Perform a routine fall prevention safety evaluation
   - Get a better understanding of the individual’s needs, and put together a basic care plan

   *We will even come to the rehabilitation facility, assisted living community, or even the hospital to discuss needs.

3. We then take a look at our caregiver database and compare availability and skill set with the needs of the individual. If we do not have a current caregiver on staff that we feel is a perfect match, we would then recruit, train, and screen new individuals to meet the clients’ needs.

*WE CAN TRY TO EXPEDITE THIS PROCESS IF MORE IMMEDIATE CARE IS NEEDED

www.covenantinhomecare.com   (704) 288-0242
How We Have Assisted Others:

“I have been very impressed with the professional and personal care that my mother has received these past three months. My mother's needs in terms of the hours and days she needs assistance have always been met by Covenant. If there are any schedule changes Covenant has gone out of its way to not affect my mother's needs.”

-Evelyn

“My mother suffers from depression. As she has aged, talking with her about aging was a tough topic. By having her caregiver come during the week, and read her daily devotions, I have seen such an improvement in her outlook. I finally have peace of mind that she is getting that personal interaction, and her needs are being taken care of.”

-Kathy