

Assessing One's Needs – Levels of Care:

Basic Home Care Services

Basic Companion (aka Homemaker services) "Hands -off"

- ■Meal Preparation
- Light

Housekeeping

- ■Transportation
- MedicationReminders
- Supervising
- Ambulation
- Changing Linens
- •Providing
- Socialization
- Supervising grooming and

bathing

Supervising

Dressing

■Providing Respite for family caregivers

- ■Errand Services
- ■Medication Pick-up

In-Home Aide

(aka CNAs, and Personal Care Services) "Hands -on"

Glucometer

■Supervised by an RN

<u>Can do everything a</u> <u>*Checking vitals</u> <u>Basic companion can</u> <u>*Reading a</u>

do plus:

- •Assisting with ambulation
- Actually dressing the client
- ■Hands-on bathing of client
- ■Lifting and transfers
- ■Hygiene Assistance
- ■Toileting/changing adult underpads

Home Health Care



- ■Wound Care
- ■Infusion Care
- ■Disease and Pain

Management

Medication

Management and Education

- Catheters
- ■Education on Care